

**A PLACE FOR THE SOUL:
SPA FOR THE YUPPIES**

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ABSTRACT

Today with the hustle bustle of everyday life, one needs a moment to rejuvenate/refresh one's soul or simply eases the mind. Be it a health spa, mosque, church, temple these are few of the places that has always been the place people had conventionally resort to. But a place for the soul can also be an inspiring workspace, a welcoming home or bookstore, a café or even a peaceful garden – places we use to reflect and recharge. The thesis examines on reinstating the human factor in the building equation. Challenging conventional architectural practice, the thesis demonstrates how building design can start with people (soul) and develop organically from these foundations. The experimented soul for the thesis is yuppies and the architectural solution (grounded on the field study) is a spa for the yuppies.